



## BAPIO'S CAMPAIGN FOR ADULT DEPENDENT RELATIVES RULES WAS DEBATED IN PARLIAMENT

BAPIO is delighted that the Labour MP Stephen Timms, MP for Eastham, debated in Parliament on 3 November 2021 at 4 pm on the 'Adult Dependent Relative (ADR)' rules. MPs' immigration debate has real implications for the NHS doctors and nurses.

The NHS has been served well by hundreds of thousands of immigrant doctors and nurses who constitute between 20-30% of the NHS workforce.



Many of them have left their birth countries to serve their adopted land, and as we saw during the Covid19 pandemic, many of them struggled to support their elderly parents who have remained in their home countries. Some of them lost their parents and could not visit them or grieve properly, while some had to return to provide them with care and treatment. The separation was agonising for all those who faced the dilemma of caring for patients here or fulfilling their filial duties. **Read more...**

## PATIENT SAFETY & PHYSICIAN WELL BEING EDITORIAL BY - DR INDRANIL CHAKRAVORTY

As the last of the summer warmth starts to fade, the sky still has a warm orange tinge and the dusks become perceptibly darker- we in the health service prepare for the arduous winter ahead.

**Read more...**

## IN THIS ISSUE

- BAPIO ADR campaign's parliamentary debate
- Forum and Divisional news
- BTA Updates

## EDITORIAL BOARD

Dr Viju Varadarajan  
Mr Ritwik Ratna  
Prof Indranil Chakravorty  
Mr Buddhadev Pandya  
Ms Ishita Purandare

## BAPIO KINGS LYNN UNIT LAUNCHED

BAPIO Kings Lynn unit was officially launched on 2nd October 2021. BAPIO President Dr Ramesh Mehta inaugurated the unit, along with BAPIO Vice President Dr Satheesh Mathew and BAPIO Secretary Prof. Parag Singhal in the presence of local members from Queen Elizabeth Hospital and Primary Care GPs who attended the event virtually via Zoom.

[Read more...](#)

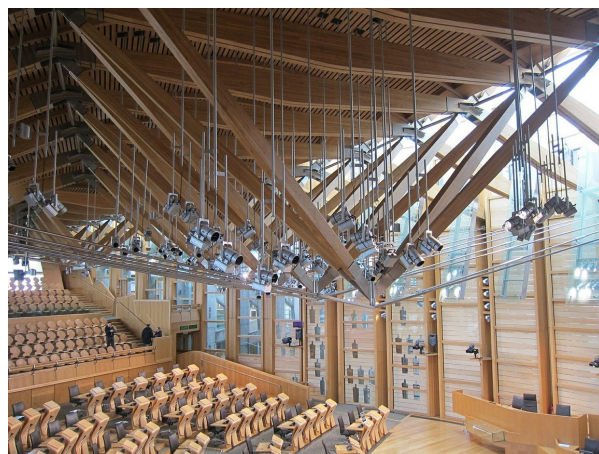


---

## BAPIO WAS INVITED TO THE SCOTTISH PARLIAMENTARY COMMITTEE ON HEALTH AND SOCIAL CARE

The Scottish Parliamentary Committee on Health and Social Care invited BAPIO to its meeting in September 2021. The main agenda was related to NHS Scotland, and the five-year NHS plan.

BAPIO was represented by Dr Vipin Zamvar, Chair of the Scottish Division of BAPIO. Dr Sandesh Gulhane (Conservative), the Scottish Shadow Health Secretary was one of the members of this committee.



[Read more...](#)

---

## RUN WITH THE WIND IN YOUR HAIR- BY DR NANDINI CHAKRABORTY



The rain was chucking down like a giant cold shower turned on at full volume. The few thousands of people lined up in a broad vein in Leicester's Victoria Park behind the magnificent Remembrance Arch, sports t-shirts, leggings and running shoes primed, were jogging around to warm up for the coming race. The crowd shivered both in the cold and in anticipation. It was time for the Leicester half-marathon 31st October 2021.

[Read more...](#)



# DR MUKESH CHUGH IS AWARDED DERRY JOURNAL PEOPLE OF THE YEAR AWARD 2021

Chair of BAPIO Northern Ireland division Dr Mukesh Chugh was awarded Derry Journal People of the year award 2021. The awards recognise the contribution, commitment, and achievements of a wide range of people in the Derry City & Strabane area, paying homage to those who go the extra mile and are an asset in everything they do.



## NORTHERN IRELAND BAPIO MEMBERS WELCOMED 'MONTY' PANESAR

Dr Mukesh Chugh Chair of BAPIO Northern Ireland and Dr Kanwar P Singh Patron of BAPIO N.I welcomed Mudhsuden Singh "Monty" Panesar. A former English international cricketer and a left-arm spinner, to the city Derry/Londonderry. Dr Chugh said he is a very gentle and down to earth person.



# WHAT IS THE COLOUR OF MY SKIN

**AUTHOR - DR RAJEEV GUPTA**

What is the colour of my skin?  
What has it to do with my Skill?  
Why I have to do more to get the same?  
Why I have to beg for shining my name?

I may be a star but no one cares really  
They care about who convince them dearly  
They say nice words but it's just a lip service  
They convince our leaders about equal openings  
They are always good in putting a nice colourful spin  
They convince, it's not due to the colour of my skin

The discrimination is subtle and unclear  
Those who do it are clever and peculiar  
Things go wrong in the daylight  
Should I sit quiet or ask for my right  
Top-down works here and stream is tight  
It could be unintentional or a wilful oversight  
They kept gently kicking on my shin  
Isn't it about the colour of my skin

I am not brave because I want to secure my job and family  
But I don't want to lose chance to progress and grow substantially  
Can you help de-root the systematic and unconscious bias  
That stay in the minds of those who appear very virtuous  
"Snowy white peaks" are said to be melting  
I wonder whether it's really nesting  
I have always taken it all on my chin  
I wonder what is the colour of my skin.

**DEDICATED TO ALL THOSE WHO SUFFERED  
DISCRIMINATION DUE TO THE COLOUR OF THEIR SKIN**

# BTA Updates

## THE EXECUTIVE DIRECTOR OF BTA IS FELICITATED FOR OUTSTANDING CONTRIBUTION TO INDO U.K. COLLABORATION

[Read more...](#)



## BTA HIGHLIGHTS OF THE MONTH

BTA organises educational events nationally and internationally in collaboration with other BAPIO forums. There are free monthly and weekly educational events open to everyone. We would like to thank everyone for their contributions and wish happy festive times ahead.

The BAPIO East of England (EoE) division has successfully run free educational (clinical/non-clinical) sessions in collaboration with BAPIO Training Academy (BTA).

Next event - Mentoring for SAS-LED course on 15th November 2021. The purpose to provide mentor/mentee support programme, pastoral and portfolio support. The aim is to provide a platform where doctors are able to access this support.

[Read more...](#)

### Medical School Interview Course

A practice MMI interview course run by doctors for the doctors of the future

**WHEN**  
Sunday 28th November 2021  
11:00 – 16:00

**VIRTUAL COURSE**  
Cost: £20  
(please contact the course directors if you would like help with this fee)  
If you would like to attend, register your interest as soon as possible by [clicking on the following link](#).

**The day includes:**

- MMI practice circuits covering a range of different station types
- A question and answer session with staff experiences in the MMI format
- One to one interview session with personalised feedback throughout the day
- Presentation from 15 different university ambassador

**Course Directors**

- Mr K. Gajanan (Specialty doctor - Plastic Surgery)
- Dr V. Daga (Consultant Anaesthetist)

**Course Leads**

- Dr A. Rajan (Surgical Clinical Fellow)
- Dr P. Nageswaran (Digital Education Fellow)

The course is aimed at A-Level students applying for Medical School

With consultants, junior doctors and medical students acting as interviewers, this is the ideal opportunity to gain experience of the MMI format in a realistic setting

**BAPIO TRAINING ACADEMY** in association with **BAPIO SAS & LED forum**

## BTA PARTNERS

