



WELCOME TO BAPIO

Welcome to BAPIO newsletter, BAPIO is about staying connected. We are experiencing seismic changes due to Covid 19. We recognise that this is the first in the last few months and there is a lot of catching up to do.

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INDIA COVID -19 AND BAPIO RESPONSE

Just as the second pandemic abated in UK and there was air of optimism with restaurants and theatres opening. We here in UK had just about started seeing light at the end of the tunnel. The Indian second wave of Pandemic struck with such intense effect. The underbelly of India's poor health care coupled with the lack of infrastructure lay exposed with images of choked hospitals, empty oxygen canisters, parking lots converted to crematoriums and bodies floating on holy rivers. The Apocalypse unravelling left people feeling numbed and helpless. [Read more...](#)

EDITORIAL-STRIKING FOREIGNERS

The summer of July 2021, is a tumultuous one for the big, little island of Great Britain. Along with the heady excitement of the delayed Euro2020 where the English team was just one step away from winning finals beyond its wildest dreams. There was also the wildcard return of Andy Murray and what is described as 'Freedom Day' when there is a promise for lockdown restrictions to be lifted forever.

In the backdrop some of us in the health service hold back our enthusiasm as we watch the steady rise of the community prevalence of COVID-19. [Read more...](#)

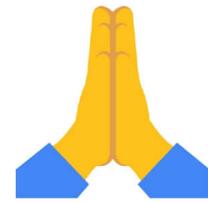
EDITORIAL BOARD

Dr Viju Varadarajan
Mr Ritwik Ratna
Prof Indranil Chakravorty
Mr Buddhadev Pandya
Ms Ishita Purandare

Total Collection & Disbursement **£528,957.05** BAPIO India COVID Fund update on 22.6.21



BAPIO is grateful to all who kindly donated to assist the Covid disaster in India. The Equipment, Food Support and Telemedicine Project are saving lives and starvation in India



Details at www.bapio.co.uk

India COVID -19 and BAPIO response

A BAPIO India Covid Fund was set up in collaboration with DAUK, APNA NHS, BINA and Akshaya Patra. A three dimensional strategy was planned.

Oxygen and Equipments

Free food

Telemedics support

Peer support - Anxiety, burn- out , moral injury are experiences of doctors in UK and India. BAPIO has set up a wellbeing collaborative project to support colleagues in UK and India.

[Read more...](#)

BAPIO 25th Anniversary
BRITISH ASSOCIATION OF PHYSICIANS OF INDIAN ORIGIN SILVER JUBILEE 1996-2021

Promoting Professional Excellence & Leadership for quarter of a century

Breaking the Barriers and Bridging the Gaps

Silver Jubilee
Annual National Conference
22-23-24
OCTOBER 2021 | Edgbaston Cricket Stadium Birmingham

Opportunities to network with over 400 of NHS professionals

QR code for Registration link

The registration and abstract submission is now open

Registration Link Click here

Abstract submission Click here

25th Anniversary CELEBRATION AWARDS
PROFESSIONAL EXCELLENCE & LEADERSHIP

Conference Dinner with music and entertainment

23 October 2021

www.bapio.co.uk

FROM THREE LINES TO THREE LIONS

Since 1966, the nation has been waiting for 'it to come home.' Fifty-five years later, England was almost on the verge of achieving the dream. Pundits described the rise of the young English football team, under the 'leadership' of Gareth Southgate as phenomenal. Yet, the might of the Italians with their unbeaten record over 3 years and 34 games was just a tad too much for the young English side to beat. The jubilant Italians were skilful and orchestrated the majority of the match where the English lads barely got possession of the ball after the first few minutes. [**Read more...**](#)



BAPIO STANCE ON NHS PAY RISE

BAPIO again held government bodies responsible this time on the issues affecting the NHS workers when they spoke out deploring the 1% pay rise for the NHS worker.

Dr Ramesh Mehta, President of BAPIO, stated: *"This pay rise of 1% to NHS staff adds insult to the physical and mental anguish they have been going through during the past 12 months, and beyond."*



Dr JS Bamrah, Chair of BAPIO, said: *"This derisory pay award smacks of double standards by the government."* The Chairman of BAPIO's nursing body British Indian Nurses Association Mr Marimoultou Coumarassamy, said: *"NHS staff, especially the lower paid nurses, will be further demoralised by this pay award because they have worked hard to overcome this long and devastating pandemic, which is still not over."* [**Read more...**](#)

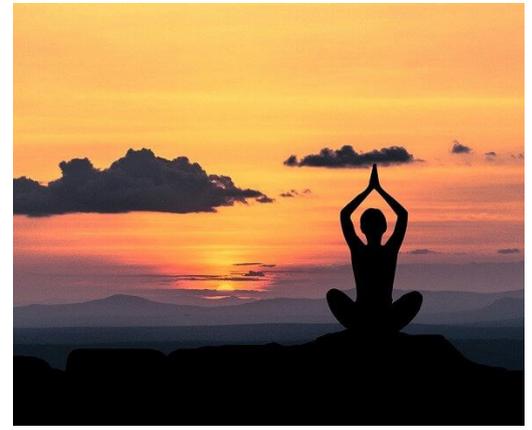
BAPIO WRITES TO HEE AND NHS EMPLOYERS ABOUT COVID-19 VACCINATIONS FOR MIGRANT HEALTHCARE WORKERS



In the initial first roll out of vaccines , when there was confusion that the vaccination would be limited to doctors with valid NHS numbers BAPIO wrote to Dr. Navina Evans Chief Executive HEE to request vaccination for frontline IMG doctors who may not have a valid NHS number. BAPIO were able to get assurance that the employing trusts would ensure that all the front line doctors would be vaccinated irrespective whether they were registered with GP or not. [**Read more...**](#)

BAPIO WELL-BEING FORUM PRESENT THEIR SECOND ACTIVITY YOGA

BAPIO has highlighted over the years the importance of physical and psychological well being through its messages about activities, dance and mental health. All of this came together with launch of BAPIO wellbeing forum lead by ever energetic Dr Saraswati Hosdurga. [Read more...](#)



BAPIO WRITES TO PM REGARDING LOCKDOWN, VACCINES AND FPPE

[Read more...](#)

DO YOU WORK FOR THE NHS?

DEAR NHS STAFF, DO YOU NEED HELP TRANSLATING?
Urdu - Bengali - Tamil - Gujarati

<https://www.patientambassadors.org>

The COVID19 pandemic has made communication more distanced than ever before. We have *Community Patient Ambassadors* who are plucked from the society, DBS checked, trained about NHS including topics on treatment escalation plans and more. They are available Monday to Sunday, during work hours and are ready to help you translate to the next of kin. Calls are done via Microsoft Teams and booked via the website above. Let us help you during this difficult and challenging time.

For further information, please contact:
PATIENTAMBASSADOR@BAPIO.CO.UK



DAUK LAUNCHES OVERSEAS NHS WORKERS DAY

THE NHS has long been dependent on overseas workers ever since its inception. And so BAPIO is proud to be part of an initiative launched by The Doctors' Association UK to celebrate 'Overseas NHS Workers Day' on Friday 5th March as a recognition of the extraordinary contribution migrants who have served the NHS and this country so well. [Read more...](#)

BAPIO PRESS RELEASE – ADR VISA RULES

BAPIO has joined hands with the British Medical Association, Royal College of General Practitioners, Royal College of Psychiatrists, Royal College of Ophthalmologists, Royal College of Obstetrics and Gynaecology, Association of Pakistani Physicians of Northern Europe in association with legal firm, Trent Chambers solicitors, to change the existing adult dependent relatives (ADR) regulations. Together these organisations represent around two-thirds of registered medical practitioners in the UK.

[Read more...](#)

BAPIO LONDON DIVISION RELAUNCH



The BAPIO London division was relaunched on Sunday 25th of April. Mr Abhay Chopada, Consultant Colorectal Surgeon was appointed Chair and Mr Vinod Nargund consultant Urologist as the Co-Chair. Dr Beryl De Souza was appointed Vice Chair and Dr Sangeeta Agnihotri as the Secretary. [Read more...](#)

BAPIO RELAUNCHES EAST OF ENGLAND DIVISION

BAPIO East of England division was relaunched on 10th April. Appointed office bearers were: Chair: Dr Thangamma Katimada Annaiah, Vice-Chairs Dr Godwin Simon and Dr Tanvir Alam, Secretary Dr Anshoo Dhelaria.

The Conference theme was "Embracing Diversity to improve healthcare".

[Read more...](#)



COVID-19 VACCINATIONS AND THE BAME COMMUNITY

BAPIO writes to Chair of Joint Committee on Vaccination and Immunisation .

[Read more...](#)

INDIGO MOVES ON NEW PLATFORM

The much loved 'indi_go' groups had to be moved to a new platform when yahoo groups was shut down in Dec 2020. After exploring various options, a decision was made to create and use 'IndigoBAPIO' google group (<https://groups.google.com/g/indianukdoctors/about>) as an alternative. [Read more...](#)



PATIENT AND STAFF SAFETY AND WELLBEING FORUM

The Vision of this forum is "To support patient & workforce safety & wellbeing and guide the workforce towards developing professionalism that aids integration into Healthcare Organisations" It aims to deliver high-quality patient care, the NHS needs staff that feel physically and mentally well at the workplace. It is recognised that a healthy skilled, fully engaged, supported workforce leads to reduced levels of presenteeism and sick leave, whereby a more efficient and happier workforce gives rise to improved patient safety. The Boorman Review (2009)¹ reinforces this and describes the importance of prioritising staff health and wellbeing within the NHS. Conversely, poor workforce health, wellbeing and working conditions leads to a detrimental effect on staff morale and patient care with subsequent financial implications.

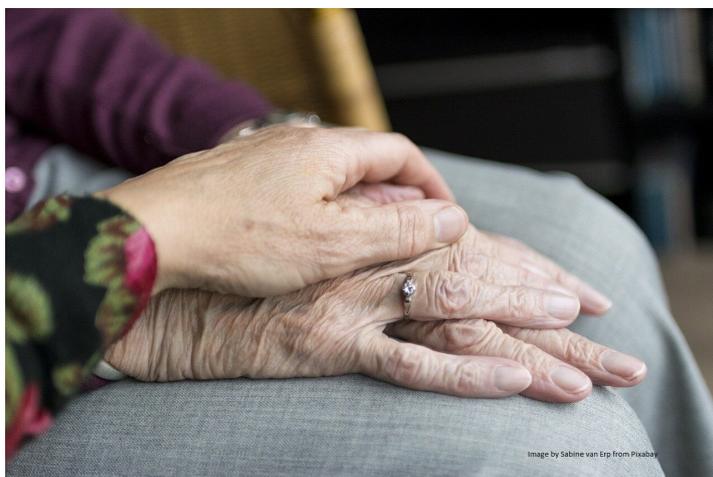
The 'BAPIO Patient and Workforce Safety and Wellbeing (PaWSaW) Forum aims to promote opportunities and realisation of the full potential of all healthcare staff and draw on BAPIO's strengths to accelerate the patient safety agenda in the NHS. Renowned Cardiologist Prof Raj Mattu was appointed as Chair of the forum.

JOINT LETTER TO HOME SECRETARY REGARDING THE ADR VISA RULES

One of the issues close to the heart of every health care worker of Indian Origin is the well being of their elderly parents in India and their inability to look after them as they would have wanted to.

BAPIO in collaboration with other diaspora organisations have written to Home Secretary to remove the adult dependency rule in the immigration act. To discuss this and clarify the rules of migration for elderly parents, BAPIO North East division organised a zoom meeting with barrister Usha Sood on April 28th 2021.

[**Read more...**](#)



"Wherever the art of Medicine is loved, there is also a love of Humanity."
— Hippocrates

BTA UPDATES

BAPIO prides itself for its training and educational activities which involve a sterling group of faculty members who are committed to providing good training opportunities. There are two sessions which are ongoing and would urge all BAPIO members to participate these are -

BEEOND, educational online developmental session with the next one on Wednesday 16th of June relevant to all the members titled "Clinical Supervision" we urge you all to try and attend.



BEEOND SESSIONS

1st Wednesday of the month

Free Entry
but Registration is required

ZOOM
click here to register

Next session:
11th August Wednesday 18:30-19:45

Non-Clinical Topic

7th July 2021 Wednesday 18:30-19:45

Chair *Dr. Anshoo Dhalaria*
Paediatric consultant in Lister Hospital

18:30 **Clinical Supervision: The learner's perspective**
Miss Shaheen Mannan FRCOG
Basildon Hospital
Master's in Health & Medical Education
SAS & MTI representative for School Board, East of England
RCOG MTI Regional Champion for HEE East of England

18:55 Q&A

19:00 Lecture by "Quilter"

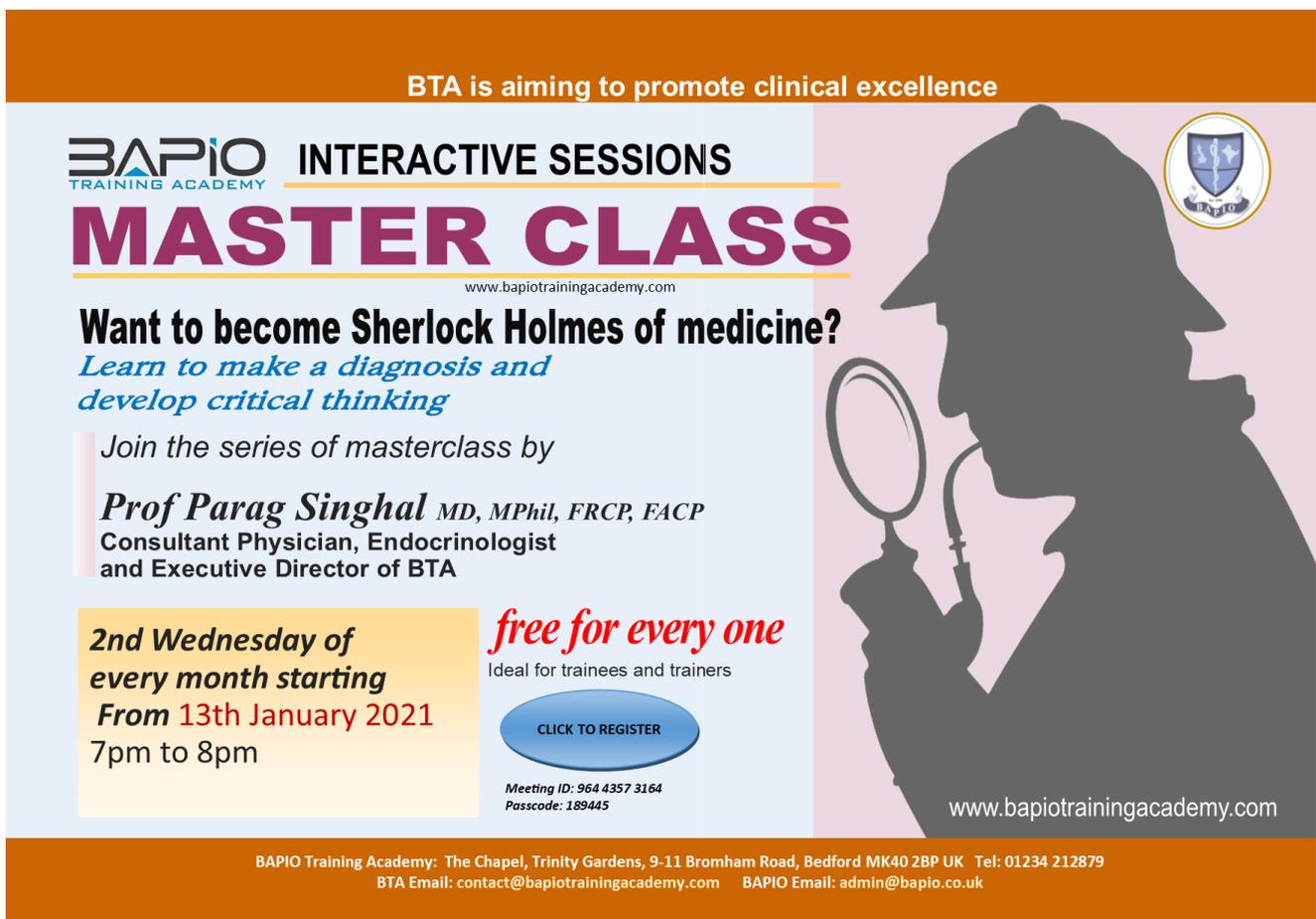
19:10 **Levelling the Playing Fields**
Miss Malini Prasad
Consultant O and G - West Suffolk hospital
TPD school of obs and gynae HEEoE
TPD Advancing Equity HEEoE
Members and Fellows Rep RCOG Race Equality Taskforce

19:35 Q&A

19:40 Closing remarks

19:45 Close

Professor Parag Singhal conducts an interactive masterclass "become Sherlock Holmes of Medicine"



BTA is aiming to promote clinical excellence

BAPIO TRAINING ACADEMY INTERACTIVE SESSIONS

MASTER CLASS

www.bapiotrainingacademy.com

Want to become Sherlock Holmes of medicine?
Learn to make a diagnosis and develop critical thinking

Join the series of masterclass by

Prof Parag Singhal MD, MPhil, FRCP, FACP
Consultant Physician, Endocrinologist
and Executive Director of BTA

2nd Wednesday of every month starting From 13th January 2021 7pm to 8pm

free for every one
Ideal for trainees and trainers

CLICK TO REGISTER

Meeting ID: 964 4357 3164
Passcode: 189445

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BAPIO Training Academy: The Chapel, Trinity Gardens, 9-11 Bromham Road, Bedford MK40 2BP UK Tel: 01234 212879
BTA Email: contact@bapiotrainingacademy.com BAPIO Email: admin@bapio.co.uk

CULTURAL UPDATES

Harmony is about you BAPIO members and we would like to hear from you. Have you or your family member developed an innovative project? Written a poem, blog or piece of artwork that you would like to share. Please get in touch with us at admin@bapio.co.uk.

It is about sharing the joyful potential that each one of us has and you never know what you might inspire in others.

We would like to share a poem written by a BAPIO member, which captures the situation in India. A long time BAPIO member Dr. Ananta Dave has written the poem.



DR SARASWATI HOSDURGA CO- PRODUCED VARNAPATALA (SPECTRUM) KANNADA MOVIE

One of our BAPIO members, Dr Saraswati Hosdurga, consultant community paediatrician has co-produced a feature film in Kannada with English subtitles. She created a story along with two other friends using her professional experience of working with families and children with autism. [Read more...](#)



Waiting for sunrise
And the calls to start
Dreading the call,
Yearning for the call
For the neighbour to say “She’s breathing, she’s eating”
Waiting for the money transfer to go through
“We need to pay within 2 hours or lose the bed”
Waiting in the reception for entry into the hospital
The living and the dead equally silent
Waiting for air, hell is no oxygen
“Sorry ventilator for 4 hours only, others are waiting”
“The doctor had a kind voice”, she says.
While waiting in the corridor for her beloved’s body to be bagged.
Waiting in the car park for the cremation
His body shrouded in her sari.
Ambulance number 7122, token no.284, 42°C,
Dozens of pyres lighting the sky
The long journey home with an empty house waiting
Waiting at home, imprisoned by the virus
Waiting for vaccines without borders
For sharers, not hoarders
For larger hearts, smaller egos
Meanwhile we live, work, and breathe.
Waiting for the thump-thump of guilt to subside
For the flood-tide of despair to recede
Waiting for a different dawn
Waiting to embrace my motherland and mine

Ananta Dave
9.5.21