



# BAPIO Health & Well-Being Forum in collaboration with BINA



## BAPIO Silver Jubilee Celebrations 2021

### **Dance Fitness**

**With Matt Evans**

For Doctors, Nurses with Family & Friends  
Every Monday from 26<sup>th</sup> July to 30<sup>th</sup> August

8.00 to 9.00 PM BST

Block of 6 weeks

BAPIO Members- Free to join  
All others- £20/5 weeks (First session is free)

[Click here to register!](#)

[Payment details :](#)

[BAPIO Sort Code- 30-90-66 Ac Number-00067914](#)

[use reference as Dance your surname:](#)

Zoom link will be emailed once registered.

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