

# Welsh Risk Assessment Tool Covid-19 (WRATC)

**Shielding groups (Very High Risk):** Any employee in shielding groups should be working from home until further announcement on shielding. (These will include anyone with a score of 7 or more and the following specific categories)

- Solid Organ Transplant Recipients
- Persons with any cancer or bone marrow/stem cell transplant undergoing chemo, radio or immunotherapy and people on immunosuppressant medication.
- Pregnant women (> 28 weeks) as per existing PHE guidance
- Any employee with **severe** disease affecting any organ or body system
- Sickle cell disease (not sickle cell trait which is dealt with in the table below)
- Age more than 70

Please circle each risk factor applicable to yourself & then match it against the risk profile below.

**Table 1 – Scoring your risk**

Risk factor	Score
Age 50-59	1
60-69	2
Sex at Birth - Male	1
<u>Comorbidity</u>	
Cardiovascular disease (on treatment for Hypertension, Irregular heartbeat, Heart Failure, Previous Heart attack, Stroke, TIA etc)	1
Diabetes Mellitus Type 1 or 2	1
Chronic pulmonary disease (including asthma, COPD, interstitial lung disease)	1
Chronic kidney disease (any stage 1-5)	1
Sickle cell/Thalassaemia trait or other haemoglobinopathies	1
Obesity (BMI >30 or waist circumference >33 (BAME female) > 34.5 (White female), >35 (BAME male), 40 (White male)	1
BAME or Mixed race	1
Has any member of your immediate family dies of or in ITU from Covid19	1

**Table 2 - Risk Stratification**

**0-3** Low risk Continue current duties with adherence to best infection control practice

**4-6** High risk Consider enhanced PPE & modification of duties

**>7** Very High-Risk Work from home/ non patient facing roles

	Score		
Current Duties	0-3 Low risk	4-6 High risk	7 or more- Very high risk
Community	Continue with caution	Modified duties or enhanced PPE	Very High risk, Work from home/non patient facing
Primary care	Continue with caution	Modified duties or Enhanced PPE	Very High risk, Work from home/non patient facing
Secondary care Non AGP	Continue with caution/Enhanced PPE	Modified duties or enhanced PPE	Very High risk, Work from home/non patient facing
Secondary care with	Review PPE and training for PPE	Redeploy out of AGP areas	Very High risk, Work from home/non patient facing

1. Check your risk by scoring yourself against table 1
2. Understand your risk by referring to the risk matrix in table 2
3. Come up with an agreed plan to protect yourself as per your risk score with your manager  
If there is a disagreement either with the scoring or with the line manager, the matter should be resolved by Occupational Health department.
4. Take actions to protect yourself

**Things I can do myself**

Do the important things to maintain your safety in the workplace

- Observe good hand hygiene, with frequent use of soap and water or alcohol-containing gel.
- Maintaining a distance of 2 metres is an important aspect of the measures we must all take to minimise the risks of the spread of COVID 19. It is something we should aim to do in all aspects of our daily lives and anywhere in work where this is possible.
- Use appropriate personal protective equipment identified for your role and know how to use it properly.
- Observe isolation requirements for known or suspected COVID-19 cases.
- Ensure your infection control training is up to date.

**Things my employer can help with**

- Your line manager or union rep will help you use the tools and identify the right actions for you.
- Making adjustments
- Can some or all of your duties be undertaken or completed in a different way
- Can adjustments be made to enable you to work safely,
- Can face-to-face contact with the public and home visits be limited or avoided
- Ensure appropriate physical distancing within the workplace
- Will adjustments allow you to work from home
- If no adjustments can be made to mitigate your risk then temporary Medical Suspension may be considered.

**Note: Vit D supplements as needed must be taken as per NICE guidelines**